

**The following menu was planned by  
The Area Agency on Aging:**

**Nov. 28-Dec.2, 2022**

## **Monday**

**BBQ Sandwich  
Coleslaw  
Chips  
Applesauce**

## **Tuesday**

**Oven Crispy Chicken  
Seasoned Carrots  
Green Beans  
Whole Wheat Roll  
Orange**

## **Wednesday**

**Hamburger Steak  
w/ Brown Gravy  
Mashed Potatoes  
Vegetable Blend  
Dinner Roll  
Sliced Pears**

## **Thursday**

**Potato Crusted Fish  
Potato Wedge  
Sweet Peas  
Hushpuppies  
Pudding**

## **Friday**

**Vegetable Beef  
Soup  
Grilled Cheese  
Pickled Beets  
Banana**

